**FRUIT OF THE SPIRIT – SELF-CONTROL/SEPTEMBER 26TH A.M.**

**GALATIANS 5:22-23**

1. **ANTICIPATION OF SELF-CONTROL**
   1. **What does it mean to me?**
      1. The absence of anger (Colossians 3:8; Numbers 12:3; Exodus 2:12)
      2. The ability to be patient (Ecclesiastes 7:8; 1 Thessalonians 5:14; 2 Timothy 2:24)
      3. The abundance of sin (Romans 6:16-19)
2. **ABSENCE OF SELF-CONTROL**
   1. **Who doesn’t have it (John 18:10-11; 1 Samuel 22:18; 2 Samuel 11:1-4, 15; Genesis 9:21; Galatians 5:19-21; 1 John 2:15-17; Philippians 2:15)**
3. **AREAS NEEDED FOR SELF-CONTROL**
   1. **Where do we need it?**
      1. Sensual Sins (Galatians 5:19; 1 Corinthians 7:8-9)
      2. Modesty (1 Timothy 2:9-10)
      3. Behavior (1 Timothy 4:12; 1 Corinthians 6:12)
      4. Moderation (Philippians 4:8; Ephesians 4:26, 29; Colossians 4:6)
      5. Offensive Behavior (Romans 12:9-21; Philippians 2:3-5; 1 Corinthians 8:9-13)
      6. Lack of keeping promises (Matthew 5:37; Jeremiah 35:14)

**FILLING UP ON JESUS/SEPTEMBER 26th P.M.**

**JOHN 6:1-14**

1. **OBSERVATION**
   1. **Command of Jesus (John 6:5-11)**
   2. **Compassion of Jesus (Matthew 14:13-16; Luke 9:11; Mark 6:36-37)**
2. **APPLICATION** 
   1. **Compassion**
      1. Jesus toward us (Luke 19:10; Hebrews 2:9; 1 Timothy 2:5-6)
      2. Us toward others (Galatians 6:10; James 1:27; Mark 16:15; Romans 10:13-16; 2 Corinthians 4:7)
   2. **Fulfillment** 
      1. Supply our needs (Luke 9:12-17; Matthew 6:24-34; Romans 8:28; Hebrews 13:5-6; Psalm 37:25)
   3. **Work** 
      1. Use our talents (John 6:9; Matthew 10:42; mark 14:8)
   4. **Gratitude**
      1. Be thankful (John 6:11; Colossians 3:17; Psalm 68:19)
   5. **Frugal**
      1. Don’t waste (John 6:12; Romans 12:11; Ephesians 5:15-17; Matthew 25:14-30)